

Khrystal Johnson, MA, Professional Counselor
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Professional Disclosure Statement

The purpose of this document is to provide you with information about my qualifications, practice, and the rights you have, as the client of a Registered Intern under Oregon Law (ORS 675.755 and OAR 833-050-0020).

Philosophy and Approach: My practice draws from Cognitive-Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT) evidence-based techniques, as well as a motivational interviewing approach. My general attitude to counseling is client-centered and focuses on the client/counselor relationship. I work collaboratively with my clients to understand symptoms, goals, and effective methods of change.

Formal Education and Training: I hold a Master's degree in Counseling Psychology from Pacific University and a Bachelor's degree in Psychology from Oregon State University. My coursework and clinical training have focused on the treatment of children, adolescents, adults, couples and groups, utilizing cognitive behavioral approaches.

Licensing, Ethics and Supervision: I am a Qualified Mental Health Professional and Registered Intern of the Oregon Board of Licensed Professional Counselors and Therapists and I abide by its Code of Ethics. As an intern, I am supervised by Karen Hixson, a licensed professional counselor. If you have any questions about supervision or working with an intern, I am happy to explain.

Fees: Please consult with agency for service charges.

As a client of an Oregon registered intern, you have the following rights:

- To expect that a license has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics for Professional Counselors;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapist for more information at

3218 Pringle Rd SE, #250, Salem, OR 97302-6312 Telephone: (503) 378-5499
Email: lpct.board@state.or.us Website: www.oregon.gov/OBLCPCCT